

You Can Keep Yourself Safe: **Touching Safety & Stranger Safety**

TEACHER'S GUIDE

GRADES 5-8

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INTRODUCTION

About 1 in 7 girls and 1 in 25 boys will be sexually abused before they turn 18 years old. It is estimated that 7-12% of children are sexually abused and as many as 400,000 babies born in the U.S. will be sexually abused before their 18th birthday. 1 in 4 girls and 1 in 6 boys are sexually assaulted before the age of 18. Every 6 minutes a child is sexually assaulted in the United States. Only 1 in 10 children who are sexually abused tell someone. Children must be taught to tell a trusted adult.

Sex trafficking may seem like a remote issue. However, today it is a growing threat in the United States. It is estimated that over 100,000 children are sold into the sex trade every year. It is one of the fastest growing crimes in the U.S. Increasingly, trafficking of minors for sex is handled by gangs rather than individual pimps.

It is imperative for us to teach children to be aware of these predators, how they operate, and what to do to keep safe. Children need to know that they must tell an adult if someone touches their private parts, or if they themselves in an uncomfortable or potentially dangerous situation.

Through age-appropriate vignettes students will learn the difference between a safe touch and an unsafe touch. Students will come to understand that any touch whether it's a high-five, a hand shake, a kick, a fist bump, a punch or a kiss can be labeled safe or unsafe depending on the situation and whether or not someone agrees to the touch.

The video reinforces the message that only YOU can decide if it's a safe touch or an unsafe touch and that YOU set the boundaries. Viewers will also come to know about "private parts" of the body and that nobody should ever touch your "private parts" with a few exceptions. Students will learn what they can do when they feel uncomfortable with a touch and determine it is an unsafe touch. Children will understand the importance of saying STOP and repeating it over and over again until the perpetrator complies. They will come to realize that they're in charge of their body and that only they can decide if it's a safe or unsafe touch. In the video, children will learn the importance of not keeping secrets and the need to get help by telling the secret to a trusted adult.

Today, trafficking children for sexual exploitation is the fastest growing criminal enterprise in the world. Through coercion and deception teens and young women are forced into the sex trade. In this program, students will come to understand the tactics and methods "strangers" use to manipulate and recruit their victims. Students will learn the warning signs and learn what to do to avoid potentially dangerous situations.

LEARNING OBJECTIVES

- Understand the difference between a safe touch and an unsafe touch
- Realize that each person establishes their own safe touch and unsafe touch boundaries
- Recognize that sexual assault is never the child's fault
- Report ALL incidents of unsafe touches to a trusted adult
- Awareness of potential stranger-danger situations

PROGRAM SUMMARY

Chapter One. Safe Touch, Unsafe Touch

Lisa and Michael, two cousins, are helping their grandmother to clean out her attic. When their grandmother runs to the store for a little while, Lisa starts to tease Michael by tickling him with a soft feather. The teasing continues and the fooling around turns into a wrestling and tickling struggle with Lisa being pinned to the ground by Michael. Feeling uncomfortable and unsafe. Lisa tells Michael to stop and get off of her. At first, Michael continues to tickle Lisa. Lisa continues to say stop until Michael does stop and lets her up. They discuss what happened and work things out.

Chapter Two. Never Keep Secrets

Jason is practicing privately with his music teacher Mr. Hammons for the upcoming school concert. During the session, Mr. Hammons adjusts Jason's posture but then begins to touch him in private areas of his body. Jason, surprised and upset, tells Mr. Hammons to stop. He does listen to Jason and removes his hands from his body. Mr. Hammons tells Jason that he's special and that he thought he would like his touch, but that it will be their special secret. Jason leaves the music room angry and confused. The incident continues to dominate Jason's thoughts. He cannot concentrate on his schoolwork and his teachers notice a drastic change in his behavior. His school counselor hoping to address his sudden change in behavior tells him that he cannot keep an unsafe secret and they in order to help him he needs to share the secret with an adult. After much resistance, Jason tells the school counselor about the incident with the music teacher and he gets the help he needs.

Chapter Three. Feel Unsafe? Tell Someone

Brian's stepbrother Brad is home from college. He's offered to take Brian to the beach for the day. After saying good-bye to his mom, Brian and Brad drive to the beach. During the drive, Brad tells Brian a dirty joke that makes him feel very uncomfortable. Brad then shows Brian pornographic pictures on his cell phone but Brian refuses to look at them. When they finally reach the beach Brad insists on helping Brian change into his swimsuit in the car. Brad takes advantage of Brian and sexually abuses him. Arriving home after the trip, Brian avoids talking to his mother and goes right to his room where he sits by himself trying to make sense of what happened and questioning himself as to what to do about it. After all this is his stepbrother, a member of their family. When his mom informs that Brad wants to take him to the movies, Jason finally takes action and tells his mom about what happened.

Chapter Four. Don't Go With Strangers

Taylor and her best friend Hannah are dropped off at the local bowling center. When a young man, much older than Taylor starts flirting with her, she leaves Hannah and talks with the older guy. Enamored, Taylor let's the young man, Kyle, buy her lunch and take her to the arcade. After giving Kyle her phone number Taylor tells Hannah that she is going to sneak out and meet him later that night. Hannah warns her that it's not a good idea, and when she gets home wonders if she should do something about it. Hannah's friend Ally shows Hannah a website about how predators lure young girls into the sex trade. Hannah decides, even though Ally will be upset, that she would call Taylor's mother. Taylor's mom has a talk with her about the dangers of going with strangers and reminds her that she needs to let her know who she's going with and where.

GUIDELINES FOR GROUP DISCUSSION

Group discussion is an invaluable way to explore ideas and issues, foster creativity, and build communication and social skills in young students. The following guidelines can help you maintain a “discussion-friendly” classroom:

- Create a climate of openness and acceptance. Encourage students to show respect for the opinions of others and model this behavior yourself.

- Establish ground rules. Students can participate in formulating the rules for discussion. Rules will vary, but should include some of these general principles:
 - No putdowns, ridicule or sarcasm.
 - Everyone may speak without interruption.
 - Everyone has the right to pass.

- Guard against inappropriate self-disclosure. An intense discussion may lead students to reveal inappropriate information about themselves or others. Sensitivity and vigilance can help you head off such revelations.

- Probe behind the neat and tidy answers. Students are good at telling adults what they think adults want to hear. To find out what students really think, it is often helpful to prolong discussion time and encourage greater depth. Offer a “What if...?”; bring out issues such as fairness, justice, intent or lack of it, and so on. Students have a remarkable capacity to discern complexities and subtleties, and their discussions can be very rich.

QUESTIONS FOR DISCUSSION

Chapter 1. Discussion Questions

What's the difference between a safe touch and an unsafe touch?
Can a safe touch turn into an unsafe touch? How?
Who decides if it's a safe touch or unsafe touch? Do you have touching boundaries?
What would you do if someone touched you in a way that made you feel uncomfortable or unsafe?

Chapter 2. Discussion Questions

What are some words to describe how Jason felt after Mr. Hammons touched him?
What's the difference between a safe secret and an unsafe secret?
Why do you think Jason kept the secret to himself initially?
Why is it important to tell an adult you trust about an unsafe touch?
Who is your trusted adult?

Chapter 3. Discussion Questions

Is it more difficult to tell an adult about a family member who has touched your private area?
Why? Why not?
What else could Brian have done when his stepbrother insisted that he help him change into his swimsuit?
Do you think telling dirty jokes or showing young person pornography is abuse? Why? Why not?

Chapter 4. Discussion Questions

Do you think Taylor put herself into an unsafe situation when she began talking to Kyle at the bowling alley? Would you have gone over to meet him?
What kinds of things did Kyle do to win over Taylor's trust?
Do you think Hannah was a 'good friend' telling Taylor's mom about her plan to sneak out with Kyle?
What would you do in a similar situation if you believed your friend was making an unsafe decision to go with a stranger?

CLASSROOM ACTIVITY

Distribute Handout #1 to the class before showing the program. Tally their answers below. After viewing the program, distribute another copy of Handout #1 and have the students fill in their answers again. Tally the responses. Compare the answers to see how the students' views changed. Lead a discussion with the class about how and why their opinions changed and what they learned from the program.

Handout #1

Read each statement below and decide if you agree or disagree. Circle your answer in the left hand column. After viewing the program, read the statements again and circle your answers in the right hand column. Did your answer change? Talk about it.

Before Viewing	Statement	After Viewing
Agree Disagree	Sexual abuse is something young people need to worry about.	Agree Disagree
Agree Disagree	A family member, family friend or acquaintance commits most sexual assault.	Agree Disagree
Agree Disagree	I know the difference between a safe touch and an unsafe touch.	Agree Disagree
Agree Disagree	Any touch can be an unsafe touch.	Agree Disagree
Agree Disagree	It's easy to recognize a safe stranger versus a stranger who may not have good intentions.	Agree Disagree
Agree Disagree	Sex trafficking is a very real problem in this country.	Agree Disagree
Agree Disagree	Only runaways need to be concerned about being forced into the sex trade.	Agree Disagree
Agree Disagree	I can recognize a suspicious behavior and dangerous situations.	Agree Disagree

Handout #2

TRUE OR FALSE

Check true if you think the statement is true. Check false if you think the statement is false.

TRUE FALSE

- _____ _____ 1. A touch is determined to be safe or unsafe by the person doing the touching.
- _____ _____ 2. You should always tell an adult you trust about any unsafe touch.
- _____ _____ 3. It's okay for family members to touch the private parts of your body.
- _____ _____ 4. An adult showing a child sexually explicit photographs is a form of abuse.
- _____ _____ 5. Physical boundaries help us to determine who may touch us, how to touch us and when we may be touched.
- _____ _____ 6. When a touch feels unsafe or uncomfortable, you have the right to say "Stop".
- _____ _____ 7. It's okay to sell someone a secret if you think it is unsafe or potentially dangerous.
- _____ _____ 8. Friendliness is a predator's secret weapon.

Handout #2 (Answer Key)

TRUE OR FALSE

Check true if you think the statement is true. Check false if you think the statement is false.

TRUE FALSE

- _____ X 1. A touch is determined to be safe or unsafe by the person doing the touching.
- X _____ 2. You should always tell an adult you trust about any unsafe touch.
- _____ X 3. It's okay for family members to touch the private parts of your body.
- X _____ 4. If an adult shows a child sexually explicit photographs it is a form of abuse.
- X _____ 5. Physical boundaries help us to determine who may touch us, how to touch us and when we may be touched.
- X _____ 6. When a touch feels unsafe or uncomfortable, you have the right to say "Stop".
- _____ X 7. It's okay keep a secret even if you think it is unsafe or dangerous.
- X _____ 8. Friendliness is a predator's secret weapon.

Handout #3

Short Answer. Write an appropriate answer to the questions listed below.

1. What are your physical boundaries when it comes to people touching you?
What do you consider an uncomfortable or unsafe touch?
2. Explain in your own words why it's important for you to set boundaries and determine whether or not a touch is safe or unsafe.
3. Why do you think it's difficult to tell an adult about an unsafe touch incident? Do you think it's harder if it's a family member? Why is it safer for everyone if you share an unsafe secret?
4. What are specific things you can do to keep yourself safe from predators?
5. Describe what this statement means; "a predator's unexpected weapon is friendliness".

Additional Resources

Article: <http://erinslaw.org/>

http://www.csom.org/train/victim/2/2_6.htm

<http://www.pandys.org/survivorstories.html>

Article: <http://www.cnn.com/2015/07/20/us/sex-trafficking/>

Article: <http://abcnews.go.com/Primetime/story?id=1596778>

Video: <http://abcnews.go.com/US/lured-off-streets-young-women-sex-trafficking-victims/story?id=28428792>

SCRIPT

YOU CAN KEEP YOURSELF SAFE: Touching Safety & Stranger Safety

CHAPTER 1. SAFE TOUCH, UNSAFE TOUCH

NARRATOR

When you think about it, our bodies are really amazing. Our bodies allow us to move in lots of different ways. Our bodies have the ability to sense pain, cold, and warmth. Our bodies can touch and feel, too. Touches and feelings are very important because they can help to keep us safe. Depending on the situation, the way someone touches us can give us different kinds of feelings. Some touches can make you feel safe and comfortable. Hugging your little cousin can be a safe touch. Giving each other a high five can be a safe, touch, too. Holding each other when you're watching a scary movie can be a safe touch. Touches make you feel comfortable and good inside when someone agrees to it. And they only happen when you want them too. But there are some touches that are not good. They're unsafe touches. Getting pushed, punched or hit is not a safe touch. Any touch that hurts you or makes you feel uncomfortable is an unsafe touch. Who decides if it's a safe touch or unsafe touch? You do. It's your body and it's your choice. You get to decide every time. You set the rules or boundaries. Boundaries help to protect and take care of us. Boundaries set limits and define our roles in a relationship. It lets others know what to expect from us, how to react and lets us know our role within the relationship. Physical boundaries help us to determine who may touch us, how to touch us and when we may be touched.

CHAPTER 2. WHAT TO DO ABOUT AN UNSAFE TOUCH

NARRATOR

Most of us like to get safe touches because they make us feel comfortable and good inside. But what happens when you get an unsafe touch? What do you do? That's what Lisa learned. One day Lisa and her cousin Michael were helping their grandmother clean out her attic.

GRANDMOTHER

Michael, you can put that box downstairs with the other holiday stuff.

MICHAEL

Sure.

GRANDMOTHER

Lisa, what's in that box?

LISA

It's a bunch of old pictures and stuff.

GRANDMOTHER

Oh good. I was looking for these old pictures.

LISA

There are hundreds of them.

GRANDMOTHER

You know, I would like to put those in a safer kind of storage container. Some of those photos are very old. I'm going to go to the store and get some plastic containers.

LISA

Okay.

GRANDMOTHER

Can you guys handle the rest of this until I get back?

MICHAEL

Sure.

GRANDMOTHER

I'll pick up a pizza on the way back. How's that sound?

LISA

Sounds great!

GRANDMOTHER

I'll be back in a little while.

MICHAEL

Oh, so you want to play, huh?

LISA

Stand back.

MICHAEL

Oh, you want to sword fight? Okay.

MICHAEL

Touché!

LISA

Is that all you got?

MICHAEL

So now you're teasing me?

LISA

Of course.

LISA

You know opening up an umbrella inside a house is bad luck.

MICHAEL

Yeah, bad luck for you.

MICHAEL (LAUGHING)

Say uncle and give up.

LISA (LAUGHING)

No way. It's not over.

MICHAEL

Do you give up?

LISA (NOT LAUGHING AND LOOKS SCARED AND UNCOMFORTABLE)

Michael. Please stop.

MICHAEL

Say uncle.

LISA (FIRMLY)

Please get off me!

MICHAEL

Okay. Okay. Sorry....I was just fooling around. I thought you were having fun.

LISA

I felt uncomfortable.

MICHAEL

Yeah, I hate it too when people don't listen when I say stop.

MICHAEL

Are we cool?

LISA

Yeah. Cool.

NARRATOR

Lisa did the right thing. When she felt uncomfortable, Lisa told him to stop.. Michael didn't know what he was doing was an unsafe touch. When a touch feels unsafe or uncomfortable, you have the right to say "Stop, don't do that." Remember, you're in charge of your body. You decide if it's a safe touch or unsafe touch.

CHAPTER 3. NEVER KEEP SECRETS

NARRATOR

There are certain boundaries when it comes to touching the parts of our bodies that we refer to as private parts. Private body parts are the areas of your body covered by a bathing suit. The "touching" rule is that no one should ever touch the private parts of your body.

NARRATOR

There are a couple of exceptions. For example if a doctor needs to examine you for health reasons and your parents have given their consent...or if a parent changes a baby's diaper. In any other situation, it's not okay for someone to touch your private parts. But what should you do if it does happen? That was a question Jason wrestled with.

NARRATOR

Jason had just started playing in the school jazz band. Mr. Hammons, the music teacher suggested that he get extra help to prepare for his solo in spring concert. However, during one lesson, things got uncomfortable.

HAMMONS

Hi Jason. Did you practice this week?

JASON

Yeah, about a half hour every day.

HAMMONS

That's great. I was watching how you hold the guitar. And I think it would be better if you hold it closer to your body.

HAMMONS

Make sure you sit up straight. And be sure you're sitting at the edge of the chair.

NARRATOR

The way Mr. Hammons touched Jason made him feel very uncomfortable. When Mr. Hammons touched Jason's private parts, Jason told him to stop.

JASON

Mr. Hammons, stop, what are you doing? You can't touch me there.

HAMMONS (nervously)

Oh. Sorry, I was just playing around. You know I thought you would like it... You're special and I like you. (pause) You don't need to tell anybody. This is our secret.

NARRATOR

Well, Jason felt very angry and confused. He couldn't help but think that it was somehow his fault and that his parents would be upset with him if they found out. So he decided he would keep it a secret because he was afraid nobody would believe him. He thought everybody liked Mr. Hammons. Jason couldn't stop thinking about what happened. It was on his mind all of the time. He couldn't concentrate on schoolwork, he couldn't play his guitar and he felt angry and ashamed most of the time. Jason's behavior had changed so much, his school counselor asked him to meet with her.

COUNSELOR

Jason, I was talking with your teachers and it seems your grades are really slipping. That's not like you.

JASON

I know.

COUNSELOR

And you haven't shown up for orchestra in a few days either.

JASON

So?

COUNSELOR

Jason, look at me. What's going on? I'm here to help. You can trust me. Is there something happening here at school or at home that's bothering you. Are you upset with anything?

JASON

But I'm not supposed to tell.

COUNSELOR

What do you mean? Is it a secret?

JASON

Yeah. I don't want to get anyone in trouble.

COUNSELOR

Well, you know Jason some secrets are safe—you know...like a surprise birthday party. It's okay to keep a safe secret. But it seems you're secret is not safe because it's making you upset. If you don't feel good inside about keeping a secret, then it's an unsafe secret. You have to tell someone who can help you. Have you talked to your parents?

JASON

No! I can't.

COUNSELOR

You can trust me. I'm here to help keep you safe.

JASON

I don't know.

COUNSELOR

Jason, I can't help you if you don't tell us what's going on.

JASON

Okay.

NARRATOR

It was very difficult to do, but Jason told the counselor about what happened with Mr. Hammons. Jason learned that what happened wasn't his fault and that no one deserves to be abused. Jason did the right thing. He told an adult that he trusted about what happened, and that adult took steps to make sure Jason would be safe, and that Mr. Hammons wouldn't hurt Jason or anyone else.

CHAPTER 4. FEEL UNSAFE? TELL SOMEONE.

NARRATOR

Sometimes it's the people you know, who can put you in an unsafe situation or uncomfortable situation. That's what happened to Brian with his stepbrother, Brad.

MOM

Okay Brian. You've got everything, right?

BRIAN

Yep.

MOM

You've got a towel, bathing suit and sunblock?

BRIAN

Yes mom.

MOM

I don't want you to get sunburn.

BRIAN

I won't.

MOM

I know you're going to have a good time at the beach with Steve. He's been such a good step- brother. It's good to have him home from College.

BRIAN

Yup.

MOM

Make sure you listen to him and don't wander around the beach by yourself.

BRIAN

I know.

BRAD

Hey guys.

MOM

How was your first night being home from college?

BRAD

It's nice to sleep in your own bed.

BRAD

You ready for the beach?

BRIAN

Yup.

BRAD

Let's go. See you later.

MOM

Have fun. Brian be good and listen to Brad.

BRAD

Hey, so you want to hear a joke?

BRIAN

Sure.

BRAD

Okay. So this guy and this girl...they were on the beach...and...

NARRATOR

Brad told Brian a dirty joke, but Brian didn't think the joke was very funny. It made him feel uncomfortable and embarrassed.

BRAD

Did you get?

BRIAN

Yeah. Kind of.

BRIAN

Hey, I've got something in the glove compartment for you?

BRIAN

Cool. What is it? That's porn.

BRAD

I know. I thought you'd like 'em. Take a look.

BRIAN

Ummm. I'd rather not.

NARRATOR

The dirty joke, and the explicit photos made Brian feel very uncomfortable, but when they got to the beach, Brian felt unsafe.

BRAD

We're here big guy. Why don't you put your bathing suit on here in the car.

BRIAN

Don't they have changing rooms on the beach?

BRAD

Well yeah, but not that clean. Better to do it here. I can help you.

BRIAN

I can do it myself.

BRAD

Let me help, it'll be faster and we can get on the beach sooner.

NARRATOR

Brian's stepbrother insisted on helping Brian change into his bathing suit in the car. Then Brad took advantage of him by touching the private parts of Brian's body. Brad told him it was their secret. The touches were unsafe and made Brian feel very uncomfortable the whole day.

MOM

So, how was the beach? Did you have a good time?

BRIAN (unenthusiastically)

Yeah.

MOM

Where's Brad.

BRIAN

He went to his friend's house.

MOM

Anything wrong?

BRIAN

I'm just tired.

NARRATOR

But there was something wrong. Brian was confused, mad and sad all at the same time, and he didn't know what to do. The dirty jokes, the pornographic photos, and the touching were just overwhelming. Should he listen to his stepbrother and keep what happened a secret? Should he tell his mom? How would she react? What would the rest of his family say?

MOM

Brian, Brad just called. He said he had a lot of fun with you today, and he wants to take you to the movies on Saturday. I told him you'd be excited to go. Dinner will be ready soon.

NARRATOR

Brian is facing a difficult decision that many young people face. A member of his family abused him. Brian didn't want to be alone with Brad anymore, and he realized he had to tell his mom about what happened at the beach. It was difficult, but Brian made the right decision by telling his mom. His mom made sure that Brian would be safe.

CHAPTER 5. DON'T GO WITH STRANGERS

NARRATOR

One afternoon, Taylor and Hannah went bowling. Taylor's mom dropped them off and was going to pick them up in a couple of hours. After Taylor took a turn, she noticed a young man smiling at her.

TAYLOR

I think that cute guy is staring at me.

HANNAH

Where?

TAYLOR

Don't look, behind us. (they both giggle)

TAYLOR

I think he wants me to come over there.

HANNAH

I don't think that's good idea.

TAYLOR

I'll be right back.

HANNAH

Wait. Where are you going?

TAYLOR

Don't have a heart attack. We're just going to the snack bar. He's going to buy me slice of pizza. That's all. You don't mind? Right?

HANNA

I guess not.

TAYLOR

Look what he won for me. He's so cute. And really nice.

HANNAH (confused)

What's his name? And where's he from?

TAYLOR

His name is Kyle and I'm not sure where he's from. But he couldn't believe how old I was. He said I look really mature for my age.

HANNAH

What? But you don't know anything about him.

TAYLOR

I know all I need to know...he likes me AND he has a car, too.

NARRATOR

Taylor told Hannah she made plans to meet him later that night. When Hannah got home her friend Ally texted her to see how she did at bowling.

ALLY

Hey Hannah. How was bowling?

HANNAH

Interesting.

ALLY

What does interesting mean? I can tell there's something bothering you. Let's hear it.

HANNAH

It's probably nothing, but Taylor kind of met this guy at the bowling alley today.

ALLY

What guy? Like someone from school?

HANNAH

No, he was older.

ALLY

Older. Like how old?

HANNAH

Twenty. Twenty-one.

ALLY

Oooh. That's not good.

HANNAH

He bought her a snack...won a prize for her at the arcade ...and she's meeting him tonight.

ALLY

Does Taylor's mom know?

HANNAH

No. No way her mom would let her go out.

ALLY

You should tell her.

HANNAH

But Taylor would be really mad.

ALLY

Read this and decide for yourself what you should do.

HANNAH (reads from screen)

Predators are going where the kids are. Predators hang out in malls and other places where young people are and lure young victims into sex trafficking.

HANNA

Sex trafficking?

ALLY

Keep reading.

HANNAH

They make use of an unexpected weapon – friendliness. These Predators manipulate their victims and exploit their weaknesses – through compliments, promises, gifts (Hannah looks up at V) and other things. The fact is most kids go willingly. (Hannah looks up)

ALLY

They had a whole report about it on the news, too.

HANNAH

I think I should call Taylor's mom.

TAYLOR'S MOM

Taylor, I need to talk to you.

TAYLOR

Mom. Later. I'm on the phone.

TAYLOR'S MOM

Now!!!

TAYLOR

I gotta go. Call me later.

TAYLOR'S MOM

What happened at the bowling alley today?

TAYLOR

What do you mean? (as if annoyed)

TAYLOR'S MOM

Honey, I just got off the phone with Hannah. You met an older boy there today.

TAYLOR (angry)

She's such a snitch.

TAYLOR'S MOM

No. She did the right thing. You're lucky to have a friend like her. She really cares about you and doesn't want to see you hurt... So, please tell me the truth.

TAYLOR (flustered)

He's just a guy I met. He was nice.

TAYLOR'S MOM

Then why didn't you tell me about him?

TAYLOR

I don't know. I just didn't.

TAYLOR'S MOM

Hannah said you were thinking about sneaking out and meeting him tonight.

TAYLOR

Well...yah...but it's no big deal.

TAYLOR'S MOM

Sweetie, there are some very dangerous people out there.

TAYLOR

Mom!!!

TAYLOR'S MOM

I just want you to be safe. You need to tell me where you are going and who you are with. If you don't want to tell me then it's probably not safe.

NARRATOR

Taylor's mom is right. The fact is, is that there are people out there who prey on kids and then put them in dangerous situations. Over 100,000 children and young women from age 9-19 are trafficked in America every year. So, Always let an adult know where you're going and whom you're with at all times. And good friends must tell an adult they trust if a friend is not being safe.

REVIEW

NARRATOR

There are safe touches and unsafe touches, and you're the one who decides if they are safe or unsafe.

No one should ever touch your private parts. If it does happen, don't keep it a secret. Tell an adult you feel comfortable talking to about what happened. They can help you. And remember, it's never your fault.

To keep yourself safe, you should never go with strangers. If someone asks you to pose for pictures or touch their private parts, walk away immediately and tell a grown up right away.

If you don't feel safe around a family member or friend, you have to tell an adult you trust about it. It can be confusing, but a grown up can help you sort through your feelings and make things right.

Touches can give us all different kinds of feelings. If a touch makes you feel uncomfortable, tell the person to stop. It's your body and you decide whom, when and why someone touches you. YOU CAN KEEP YOURSELF SAFE.