A Little Respect Please

TEACHERS GUIDE
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*(may be copied for class distribution)*

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Introduction

What is respect? What does respect feel like? How do you show respect? Chelsea talks about respect on her blog. Viewers will learn what respect is and about different ways people disrespect people for their ideas or being different. The program also discusses the concept of respecting rules and the importance of self-respect.

Learning Objectives

• Everybody’s different
• It’s important to accept and respect people’s differences
• Respecting and obeying rules keeps us safe
• Respecting others begins with self-respect
Program Summary

A LITTLE RESPECT
No matter what anyone else does in Kelly’s group it’s not good enough for her. She puts down and makes fun of the other student’s ideas and work. Finally, the others in the group confront Kelly and tell her it’s okay to have a different opinion, but it’s not okay to call names and put people down.

RESPECT PEOPLE’S DIFFERENCES
Dave has Celiac disease. When he tells some kids that he can’t eat birthday cake because of his medical condition, they begin to make fun of him. The kids learn that it’s important to accept and respect people’s differences.

RESPECT RULES
While at the amusement park, Eric and Devin disregard the signs and try to sneak ahead of the long lines at the roller coaster. Unfortunately, Eric turns his ankle and get caught by security. The kids learn the importance of obeying and respecting rules.

EVERYONE NEEDS SELF RESPECT
Josh is upset at himself for allowing Bill and Justin to copy from his math and science tests. He doesn’t feel proud of himself about letting others cheat. He decides to do the right thing and stop the cheating and tell the teacher what happened. In the end Josh feels better about himself and learns about self-respect.
Send-Home Letter

Dear Family Member:

Your child has seen a program called, “A Little Respect Please”. Viewers will learn what respect is and about different ways people disrespect people for their ideas or being different. The program also discusses the concept of respecting rules and the importance of self-respect. Using fictionalized stories of four young students dealing with respect, the program teaches students...

• Everybody’s different
• It’s important to accept and respect people’s differences
• Respecting and obeying rules keeps us safe
• Respecting others begins with self-respect

Talk with your child about what he or she learned from the program. Discuss the definition of respect and how to show respect. Most importantly, set a good example.
Guidelines for Group Discussion

Group discussion is an invaluable way to explore ideas and issues, foster creativity, and build communication and social skills in young students. The following guidelines can help you maintain a “discussion-friendly” classroom:

• **Create a climate of openness and acceptance.** Encourage students to show respect for the opinions of others and model this behavior yourself.

• **Establish ground rules.** Students can participate in formulating the rules for discussion. Rules will vary, but should include some of these general principles: — No putdowns, ridicule or sarcasm. — Everyone may speak without interruption. — Everyone has the right to pass.

• **Guard against inappropriate self-disclosure.** An intense discussion may lead students to reveal inappropriate information about themselves or others. Sensitivity and vigilance can help you head off such revelations.

• **Probe behind the neat and tidy answers.** Children are good at telling adults what they think adults want to hear. To find out what students really think, it is often helpful to prolong discussion time and encourage greater depth. Offer a “What if...?”; bring out issues such as fairness, justice, intent or lack of it, and so on. Children have a remarkable capacity to discern complexities and subtleties, and their discussions can be very rich.
Questions for Discussion

1. How can you earn respect?

2. What did you do when you were disrespected?

3. What are some ways to show respect?

4. Explain how disrespect can affect relationships.

5. Do you think Kelly was disrespectful to the other kids in her group or was she just expressing her opinion?

6. Why did Josh lose his self-respect? How did he feel about himself? What did he do to get back his self-respect? What would you have done if you were in his situation?

7. Explain the relationship between rules and respect.

8. Why are differences a good thing? How can they make life difficult? Explain.
Classroom Activity

Distribute Handout #1 to the class before showing the program. Tally their answers below. After viewing the program, distribute another copy of Handout #1 and have the students fill in their answers again. Tally the responses. Compare the answers to see how the students’ views changed. Lead a discussion with the class about how and why their opinions changed and what they learned from the program.

<table>
<thead>
<tr>
<th>Before Viewing</th>
<th>After Viewing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agree</td>
<td>Agree</td>
</tr>
<tr>
<td>Disagree</td>
<td>Disagree</td>
</tr>
<tr>
<td>Respect can build a healthy relationship.</td>
<td>Respect is something that is earned.</td>
</tr>
<tr>
<td>Agree</td>
<td>Agree</td>
</tr>
<tr>
<td>Disagree</td>
<td>Disagree</td>
</tr>
<tr>
<td>Respect begins with self-respect.</td>
<td>Accepting other’s differences is a key component in obtaining respect.</td>
</tr>
<tr>
<td>Agree</td>
<td>Agree</td>
</tr>
<tr>
<td>Disagree</td>
<td>Disagree</td>
</tr>
<tr>
<td>Putting yourself in someone else’s shoes and coping with them can build respect.</td>
<td></td>
</tr>
</tbody>
</table>
### Handout #1

Read each statement below and decide if you agree or disagree. Circle your answer in the left hand column. After viewing the program, read the statements again and circle your answers in the right hand column. Did your answer change? Talk about it.

<table>
<thead>
<tr>
<th>Before Viewing</th>
<th>After Viewing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agree    Disagree</td>
<td>Respect can build a healthy relationship.</td>
</tr>
<tr>
<td>Agree    Disagree</td>
<td>Respect is something that is earned.</td>
</tr>
<tr>
<td>Agree    Disagree</td>
<td>Respect begins with self-respect.</td>
</tr>
<tr>
<td>Agree    Disagree</td>
<td>Putting yourself in someone else’s shoes and coping with them can build respect.</td>
</tr>
<tr>
<td>Agree    Disagree</td>
<td>Accepting other’s differences is a key component in obtaining respect.</td>
</tr>
</tbody>
</table>

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Handout #2

Check true if you think the statement is true. Check false if you think the statement is false.

<table>
<thead>
<tr>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>_____</td>
<td>1. It is important to accept people’s differences.</td>
</tr>
<tr>
<td>_____</td>
<td>2. Obeying rules and respecting them keeps us safe.</td>
</tr>
<tr>
<td>_____</td>
<td>3. Respect does not start with self-respect.</td>
</tr>
<tr>
<td>_____</td>
<td>4. When you gain someone’s respect you begin to trust them.</td>
</tr>
<tr>
<td>_____</td>
<td>5. Respect cannot be earned.</td>
</tr>
<tr>
<td>_____</td>
<td>6. Understanding someone’s feelings is a stepping stone for respect.</td>
</tr>
<tr>
<td>_____</td>
<td>7. Respect is not necessary for building a friendship.</td>
</tr>
<tr>
<td>_____</td>
<td>8. Disrespect can affect a relationship.</td>
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Handout #3

Make a List of 10 synonyms for the word RESPECT. Discuss and explain why you chose these words.

1. _______________________________________________________

2. _______________________________________________________

3. _______________________________________________________

4. _______________________________________________________

5. _______________________________________________________

6. _______________________________________________________

7. _______________________________________________________

8. _______________________________________________________

9. _______________________________________________________

10. _____________________________________________________
Handout #4

Short Answer. Write an appropriate answer for the questions listed below.

1. If you are being disrespected what should you do and how should you handle it?

2. What are some ways to earn respect?

3. How can respect build a healthy relationship?
SCRIPT: A LITTLE RESPECT PLEASE

CHELSEA
Hey guys, what's up? It's Chelsea again webcasting from my dining room.

CHELSEA
Anyway, that's my brother Kevin behind me…

KEVIN
‘Sup Chelsea. Hey, I’ve been looking for this.

CHELSEA
Kevin! That's mine… I was going to upload some new songs later.

KEVIN
Well…too bad. I'm going to Sam's house. Ciao.

CHELSEA
And that was my brother Kevin. The truth is, Kevin doesn’t care about anyone but himself. He takes whatever he wants without asking. And he doesn’t respect anyone’s privacy…especially mine. He just barges in all the time without knocking. I wish he would try to be nice, and a little considerate, and just show me a teensy bit of respect.

Because respect is something everybody wants. Right?

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Oh my gosh. Speaking of respect…there’s this girl in my class—Kelly. She got put in my group for a project we’re doing for Social Studies. Listen to this…

CHELSEA (VO)
Mr. Otori, my teacher, gave our group an assignment about the Great Pyramids in Ancient Egypt. Cool topic. The neat thing is that we could do just about anything we wanted to do. So I thought it would be a good idea to begin by sharing ideas. It makes sense? Right?

CHELSEA
So, does anyone have any ideas?

ROBBIE
What if we built three dioramas that showed the Pyramids in different stages of construction?

KELLY
Yuck! Dioramas are so second grade. That’s a dumb idea.

CHELSEA
Kelly!

KELLY
What?

DERICK
What if we built a webpage? It could have a slideshow of pictures.
KELLY
Derick, no one will want to look at a stupid webpage. That's so lame.

DERICK
No it's not.

KELLY
Lame.

DERICK
You are! So?

CHELSEA
Fine. What do YOU want to do, Kelly?

KELLY
I think we should make a bulletin board. It'll have a timeline and lots of pictures. It can be awesome.

CHELSEA
Robbie? Derick? What do you think?

ROBBIE
I guess.

DERICK
I don't know.

ROBBIE, DERICK
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Um...whatever.

KELLY
Great. We'll make bulletin board.

CHELSEA
I couldn't believe it. She didn't care about our ideas or our feelings. She called our ideas dumb and lame. And she wasn't even listening to us. Total disrespect...right? But wait, it got even worse...

ROBBIE
Ok guys, I printed out a bunch of pictures last night that I found on the Internet.

CHELSEA
Nice. Good job Robbie. I wrote up a few paragraphs we can use on the timeline...

KELLY
Wait a minute. These pictures are too small, and I know where to get better ones anyway.

ROBBIE
But those are fine.

KELLY
I don't think so.

ROBBIE
Fine. Do whatever you want.

KELLY
Chelsea, I wrote some stuff for the timeline, too. I don’t like the font you used. It’s hard to read.

KELLY
Those pictures are crooked.

CHELSEA
That’s the way I wanted to do it.

KELLY
No. Not a good idea. It looks sloppy. You need to redo them. And Robbie, those pictures aren’t in the right order. Gosh! You guys are like so clueless. I’m going back to the library. Make those changes and I’ll be back.

CHELSEA
Are you guys getting sick of Kelly’s attitude?

ROBBIE
Yeah. She doesn’t listen to us at all. She just puts down all of our ideas.

DERICK
I’m really sick of her calling us stupid.

CHELSEA
I know. She basically took over the whole project and doesn’t respect anything we say.

ROBBIE
I think we should say something to her.

DERICK
I think Chelsea should say something to her.
ROBBIE
Good idea.

CHELSEA
No, no, no. We'll all talk to her.

CHELSEA and boys walks up to KELLY, who is on a computer In the library.

CHELSEA
Kelly?

KELLY
You guys done with the changes? Do you want me to check it?

CHELSEA
No.

KELLY
Then what?

CHELSEA
Listen, this is supposed to be a group project, and we're supposed to work together on it. Right?

KELLY
Yeah?
CHELSEA
You probably don’t realize it but you’re being really bossy and making fun of our ideas.

KELLY
I don’t think so.

ROBBIE
Well, you’ve called us “dumb,” “lame,” “stupid…and clueless”

DERICK
And nothing is good enough.

KELLY
I’m just trying to help out! I want to get a good grade.

CHELSEA
We do, too… But you keep putting down our ideas.

KELLY
Well, it’s my opinion. I can say how I feel.

CHELSEA
Yeah, but how would you feel if we called you lame or dumb? You wouldn’t like it. Right?

KELLY
Yeah, I guess not.

CHELSEA
Well, it would be nice if you didn’t put us down, because we don’t like it either. Just show us a little respect. Okay?

CHELSEA
Here’s a good way to tell if you’re being respectful. When you’re talking to someone, ask yourself, is this how I would like someone to talk to me? If the answer’s yes, you’re headed in the right direction. If the answer’s no, stop and think, how would I like to be treated?

So, you’re probably wondering what happened with Kelly and our Pyramid project. Well…

CHELSEA
The talk with Kelly actually worked! There were no more put downs or name calling. She was still a little bossy, but at least she listened to our ideas. It was a lot more fun, too. Oh, by the way we got a B+.

CHELSEA
So, things worked out in the end.

CHELSEA
Oh, BRB!

CHELSEA
Sorry, it was the mail. Mom, Kevin, Resident… oh la la, this one’s for me! An invitation. It’s my friend’s sleepover party. Speaking of parties… I have to tell you about this birthday party my cousin Mandy went to last weekend. She said things got so weird. It
A Little Respect Please

was at her friend's house, and there was this boy there who everyone kept making fun of…

CHELSEA (VO)
I guess it all started when they started passing out the birthday cake.

CHARLOTTE
Here you go, Dave.

DAVE
No thanks.

CHARLOTTE
Don’t you like cake?

DAVE
I’m fine.

MANDY
Why aren’t you having cake?

DAVE
It’s because I can’t eat food with glutens in it.

MIKE
What does that mean?

DAVE
I’m allergic to things like cereal and bread, pasta and cake
MANDY
Oh, I never heard of that before.

DAVE
It’s called Celiac disease.

MIKE
You have a disease? Get away.
Everybody run. Dave has a disease!

DAVE
Hey, you can’t catch it.

MIKE
Ahhh! Don’t touch me. Ahhhh!

DAVE
Hey, stop it.

MIKE
Disease Dave. Get away.

MANDY
Cut it out! You’re being stupid.

CHARLOTTE
Hey, what’s going on?

ASHLEIGH
Dave has a disease.
A Little Respect Please

CHARLOTTE
What?

DAVE
I just can’t eat food with Glutens in it.

MIKE (teasingly)
Dave’s disease…no cake please.

CHARLOTTE
Hey Mike, knock it off. No one makes fun of you because you have warts on your hand.

MIKE
Yeah? So?

CHARLOTTE
Well, warts come from a virus. What if we make fun of you? You wouldn’t like it. Dave, I’m sorry. Mike’s sorry, too. Right Mike?

MIKE
Yeah. I was just having fun.

CHARLOTTE
Well, it’s not fun for Dave.

DAVE

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It’s ok.

CHELSEA
You know, the point is is that nobody’s perfect…and we’re all different.
It’s important to make sure you respect and accept the things that make people
different. Whether you’re allergic to cake or peanuts, or you have warts or whatever.
When you accept people’s differences, you’re respecting people’s differences.

CHELSEA
Hi Mandy. Yeah. Movies? I have to ask my mom. Why? Because that’s the rule. Yes, I
have to ask permission. Okay. I’ll call you back. Bye.
Why do people have a hard time following rules? I don’t get it. If you follow rules, you
don’t get in trouble. I know, sometimes rules are a pain; “Don’t run”, “wait your turn”,
“please keep your hands and feet in the vehicle at all times”… but seriously, rules are a
part of life. And they’re kind of made for a reason…you know…like one time we were at
an amusement park waiting in line for a ride…and the line was pretty long.

MANDY
This line is forever! And I’m thirsty.

MANDY
And some cheese fries, too. M-mm, extra cheese?

CHELSEA
Then all of a sudden we saw these kids trying to sneak onto the roller coaster.

DEVIN
Follow me!
ERIK
But the end of the line is that way.

DEVIN
I know, but I don’t feel like waiting. This is a short cut. We can sneak right to the front.

ERIK
But the sign says do not enter.

DEVIN
Nobody will even see us. C’mon.

ERIK
Ouch! My ankle!

DEVIN
Are you ok?

ERIK
No! I’m stuck.

CHELSEA (vo)
They were totally busted.

CHELSEA:
Mandy and I saw the whole thing happen. They didn’t follow or respect the rules—they got in trouble—and they never got on the ride anyway. I don’t get it.

CHELSEA
A Little Respect Please

So, Rules are made to keep us safe and out of trouble. You don’t have to like the rules—but you have to respect them.

Hey! I just got an IM from my friend Josh. He wants to video chat.

CHELSEA
Hey Josh!

JOSH
Hey Chelsea. I was just watching you.

CHELSEA
Cool. Want to be my co-host?

JOSH
Sure.

CHELSEA
Great! Hold on. Let me get you on the screen. So, um, what did you do today?

JOSH
It was a pretty tough day.

CHELSEA
What happened?

JOSH
Well, it actually started a couple of days ago.
A couple of my friends at school wanted me to let them copy my homework.

BILL
C’mon Josh, we don’t want to get in trouble.

JUSTIN
It’s just homework. C’mon.

BILL
C’mon before Miss Riley sees us.

JOSH (VO)
Well, I know I shouldn’t have…but I let them copy it. They copied down my math homework. All the time, my brain is telling me, this is stupid. You shouldn’t be doing this. Don’t do this. But…I didn’t listen to myself. I’m not proud of myself.

CHELSEA
Well—cheating—it’s pretty bad. You have to listen to yourself—and do what’s right for you—that’s self respect.

JOSH
Yeah, self respect…I didn’t feel much of that yesterday.

CHELSEA
What about today?

JOSH
Well, I feel a got a little self respect back today….
JOSH
The same two kids wanted me to let them copy from my science test.

BILL
C’mon. You got to help us.

JASON
You’re our friend, right? Then you have to do it.

JOSH (VO)
I told them I was sorry and I just walked away. Then I went to Miss Riley and told her about me letting Justin and Bill copy my homework.

CHELSEA
That took guts.

JOSH
Yeah, but it was the right thing to do. I feel a little better about myself—

CHELSEA
Got a little self-respect back.

JOSH
Exactly.

JOSH
Hey, I go to go!

CHELSEA
Ok, later.
CHELSEA
Having self-respect makes you feel good about yourself! You have to do what's right for you—that's self-respect. Well, I have some homework to do—so I'm going to end my webcast now. But we covered a lot of stuff.
You should always respect people's things, and their privacy.

It's important to respect other people's feelings. Whether it's your friends, family, teachers or classmates. Respecting other people's differences is important. When you accept people's differences, you're respecting people's differences.

Respect for the rules means you follow the rules that are made keep you safe.
And, respect kind of starts with you. It's called self-respect. When you have self-respect you feel good about yourself.

MOM
Chelsea! Did you finish your homework yet?

CHELSEA
Got to go! Thanks for tuning in. See you next time!

END